EXPEDITED FALLOUT SHELTER
CAR—OVER—TRENCH

GENERAL INFORMATION: READ AND STUDY ALL INSTRUCTIONS BEFORE BEGINNING. IF A BIG STATION WAGON IS USED, SHELTER CAN BE PROVIDED FOR UP TO 6 PERSONS; LESS IF CAR IS SMALLER. THIS SHELTER CAN NOT BE BUILT IN AREAS WHERE GROUNDWATER OR ROCK IS CLOSE TO THE GROUND SURFACE. SHELTER CAN BE CONSTRUCTED BY TWO PERSONS WORKING A TOTAL OF ABOUT 8 HOURS EACH.

STEP 1
SELECT A LEVEL SITE. DIG A SMALL TEST HOLE ABOUT 10 INCHES DEEP. REMOVE ALL LOOSE EARTH FROM THE BOTTOM. PUSH THE POINT OF YOUR THUMB INTO THE UNDISTURBED EARTH IN THE BOTTOM OF HOLE. IF YOU CANNOT PUSH YOUR THUMB DEEPER THAN ONE INCH, THE EARTH SHOULD BE SUITABLE FOR THIS SHELTER. IF THUMB PENETRATES DEEPER THAN ONE INCH, MOVE TO ANOTHER SITE AND REPEAT TEST, BECAUSE EARTH AT THE TESTED SITE IS NOT SUITABLE.

STEP 2
STAKE OUT DIMENSIONS SHOWN FOR TRENCH AND ENTRYWAY. NOTE THAT THE LENGTH OF TRENCH MUST BE 4 FEET LESS THAN THE OVERALL LENGTH OF THE CAR.

STEP 3
EXCAVATE TRENCH AND ENTRYWAY AS TRENCH DEEP 'NS, REPEAT EARTH STABILITY TEST ON BOTTOM OF TRENCH. IF EARTH BECOMES "SOFTER" DO NOT DEEPEN TRENCH. PLACE EXCAVATED EARTH AWAY FROM TRENCH SO THAT CAR CAN BE DRIVEN OVER TRENCH.

STEP 4
LINE TRENCH WITH PLASTIC OR CLOTH. LINING SHOULD TOUCH FLOOR OF TRENCH AND EXTEND OUTWARD TO THE LIMIT OF EARTH FILL. AFTER TRENCH IS LINED, CAREFULLY DRIVE CAR OVER TRENCH TO THE POSITION SHOWN. HAVE SOMEONE GUIDE THE DRIVER OVER THE TRENCH.

STEP 5
REMOVE ALL SEATS (IF POSSIBLE). COVER FLOOR AND TRUNK WITH PLASTIC, PLACE 1 FOOT OF EARTH FILL IN TRUNK AND ON FLOOR.

STEP 6
PLACE PLASTIC COVER OVER ENTRANCE AND VENTILATION OPENINGS, SECURE UNDER HOOD AND TRUNK LID.

STEP 7
SECURE PLASTIC TO SIDES OF CAR AS SHOWN HERE AND ABOVE. USE WOOD OR STICK WEDGES AT HOOD AND TRUNK TO HOLD PLASTIC. ALSO SECURE WITH DOOR AS SHOWN ABOVE.

STEP 8
BANK EARTH AROUND CAR TO HEIGHT OF 20 INCHES

STEP 9
PLACE SANDBAGS AROUND ENTRANCE AND BANK EARTH AROUND THEM.

STEP 10
PLACE 8 INCHES OF EARTH ON CAR HOOD

STEP 11
DIG SHALLOW DRAINAGE DITCH AROUND FILL.

ALTERNATIVE METHOD FOR SANDY SOILS
DRAINAGE DITCH FILL
PLASTIC LINING

A "SIT IN" SHELTER CANNOT BE DUG IN BEACH TYPE SAND, BECAUSE THE TRENCH WALLS WILL CAVE IN. HOWEVER, A "LIE IN" TRENCH CAN BE DUG AS SHOWN ABOVE, AND STILL PROVIDE GOOD FALL-OUT PROTECTION. ALL OTHER STEPS REMAIN THE SAME.

TOOLS AND MATERIALS
1. CAR. CAUTION: CAR MUST HAVE AT LEAST 44 INCHES OF WIDTH BETWEEN INSIDE WALLS OF TIRES.
2. PICK AND LONG-HANDED SHOVEL.
3. PLASTIC SHEETING AND/OR CLOTH APPROX. 10—12 BEDSHEETS OR EQUIV. AREA OF OTHER MATERIALS WILL BE REQUIRED.
4. SANDBAGS, SACKS OR PILLOWCASES, 8 REQUIRED.
5. 50 FEET OF STRONG STRING OR CORD AND A KNIFE.
6. YARDSTICK OR MEASURING TAPE
7. WORK GLOVES FOR EACH WORKER.
8. STAKES, 4 REQUIRED.